

Did You Know: Acetaminophen can quickly lead to liver failure which can cause death.



Acetaminophen (Tylenol) Overuse Prevention

Always consult your Doctor

01 What is Acetaminophen?

- A common ingredient in many OTC & prescribed medications to relieve pain
- Over 600 medications contain it
- Most commonly known as Tylenol

04 If You've Taken too Much

- Take action immediately
- Call your health care provider
- Call **911**
- Call poison control 800-222-1222

02 Too Much Acetaminophen?

- Too much acetaminophen can cause liver damage, failure or acute failure
- The difference between a safe dose & one that can harm the liver is very small
- Consuming alcohol with acetaminophen or other products that contain acetaminophen, increases the chances of liver damage

05 Unintentional Overdose Causes

- Taking the next dose too soon
- Taking multiple medications with acetaminophen
- Taking too much at one time
- Taking a normal dose over too many days
- Taking it while consuming alcohol

03 Symptoms of Liver Failure

- Loss of appetite
- Nausea
- Vomiting
- Pain in abdomen or belly
- Dark urine
- General malaise
- Itchy Palms

06 Prevention

- Only take acetaminophen when necessary
- Read the warning labels
- Make note of when you take a dose
- Always seek professional medical advice